



SNACKS - Terraza Bar

Ensalada cesar con pechuga asada

Tortilla española

Tabla de quesos importados (150
grs)

Plato de jamón serrano (100 grs)

Croquetas de jamón serrano (6
pzas)

Hamburguesa con queso (140 grs)

Hamburguesa de pollo (85 grs)

Club sandwich
(pollo 20 grs, jamon 30 grs,
tocino 25 grs, queso 30 grs)

Crudites /jicama, zanahoria y
pepino

Papas a la francesa

Pizza individual al gusto (peperoni, hawaiana, pollo
o jamon)



COCKTELERIA - Terraza Bar

PIÑA COLADA

MARGARITA
MARGARITA

CONGA

PALOMA

SANGRIA NATURAL

LIMONADA

NARANJADA

MICHELADA

CERVEZA

COPA DE VINO NACIONAL

REFRESCO

AGUA NATURAL







Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)



Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast



dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages



Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce



Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage



- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) -
coffee
- Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso
- Chocolate frío (360 ml) - cold chocolate
- Chocolate caliente (240 ml) - hot chocolate
- Vaso de leche (360 ml) - glass of
milk



Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)



cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)

3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast

dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.

two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast

dos huevos con jamón, tocino, chorizo o salchicha (30 grs)

two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)

filete a la parrilla con papas y legumbres

grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or



waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.



Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken



Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce
No. 7	Desayuno tradicional / traditional breakfast



machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea



Desayuno buffet / breakfast
buffet

- No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate



sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola



Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)



3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and



cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese



Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast



dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage

No. 4 Carne asada / beef filet steak (150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate



Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears



Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables



- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)



orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles



Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce



No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast



Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |

Sandwiches



Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt



Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1

Desayuno continental / continental



breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese



Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuado de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs



Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style



- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee



Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon



Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)



filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales



Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms



Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast



puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit



Papaya, sandia, melón, piña
Papaya, watermelon, melón, pineapple
Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals
Con jamón (70 grs) o tocino (20 grs) - with ham or bacon
Yogurt natural (150 ml) - natural yogurt
Yogurt de sabor (150 ml) - different flavours of yogurt
Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola
Corn flakes o choco krispis (30 grs)

Huevos Eggs
Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites
Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style



Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with



chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,



cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea



Desayuno buffet / breakfast
buffet

- No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado



Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)



Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread



No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages



Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage



Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)



two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expreso (90 ml) - capuccino or expreso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate



Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce



Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables



- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee
- Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso
- Chocolate frío (360 ml) - cold chocolate
- Chocolate caliente (240 ml) - hot chocolate
- Vaso de leche (360 ml) - glass of milk
- Té (240 ml) - tea
- Refresco (355 ml) - soft drinks
- Selección de jugos naturales
- Selection of fresh juices
- Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),



carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)



Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce



No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)



Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate



sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt



Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola
Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast



canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)



(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese



Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style



- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuado de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso



Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham



Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres



grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices



Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities



Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)



beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple



Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast



Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |



Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon



Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet



- No. 1 Desayuno continental / continental breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.



Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)



Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.



two eggs fried, scrambled, soft boiled, green sauce or ranch style

- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk



Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage



Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
 Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
 Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
 Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
 Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
 Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
 cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
 Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
 Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
 Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
 Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
 Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
 Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage



- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea



Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms



Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles



- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) -
coffee
- Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso
- Chocolate frío (360 ml) - cold chocolate
- Chocolate caliente (240 ml) - hot chocolate
- Vaso de leche (360 ml) - glass of
milk
- Té (240 ml) - tea
- Refresco (355 ml) - soft drinks
- Selección de jugos naturales
- Selection of fresh juices
- Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.



Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese



Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce
No. 7	Desayuno tradicional / traditional breakfast machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó



chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea



Desayuno buffet / breakfast
buffet

- No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate



sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola



Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)



3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and



cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese



Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast



dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage

No. 4 Carne asada / beef filet steak (150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate



Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears



Huevos norteros (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables



- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)



orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles



Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce



No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast



Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |

Sandwiches



Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt



Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1

Desayuno continental / continental



breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese



Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs



Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style



- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee



Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon



Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)



filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales



Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms



Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast



puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit



Papaya, sandia, melón, piña
Papaya, watermelon, melón, pineapple
Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals
Con jamón (70 grs) o tocino (20 grs) - with ham or bacon
Yogurt natural (150 ml) - natural yogurt
Yogurt de sabor (150 ml) - different flavours of yogurt
Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola
Corn flakes o choco krispis (30 grs)

Huevos Eggs
Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites
Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style



Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with



chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,



cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea



Desayuno buffet / breakfast
buffet

- No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado



Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)



Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread



- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages



Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage



Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)



two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate



Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce



Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables



- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee
- Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso
- Chocolate frío (360 ml) - cold chocolate
- Chocolate caliente (240 ml) - hot chocolate
- Vaso de leche (360 ml) - glass of milk
- Té (240 ml) - tea
- Refresco (355 ml) - soft drinks
- Selección de jugos naturales
- Selection of fresh juices
- Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),



carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)



Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce



No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expreso (90 ml) - capuccino or expreso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)



Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate



sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt



Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola
Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast



canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)



(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - cappuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pizzas), waffles (1 pizza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pizzas) de pollo con queso fresco / omelet with chicken and fresh cheese



Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos norteros (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style



- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuado de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso



Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham



Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres



grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices



Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities



Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)



beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple



Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast



Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |



Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon



Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet



- No. 1 Desayuno continental / continental breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.



Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)



Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.



two eggs fried, scrambled, soft boiled, green sauce or ranch style

- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk



Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage



Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage



- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expreso (90 ml) - capuccino or expreso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea



Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms



Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles



- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee
- Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso
- Chocolate frío (360 ml) - cold chocolate
- Chocolate caliente (240 ml) - hot chocolate
- Vaso de leche (360 ml) - glass of milk
- Té (240 ml) - tea
- Refresco (355 ml) - soft drinks
- Selección de jugos naturales
- Selection of fresh juices
- Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.



Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese



Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó



chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea



Desayuno buffet / breakfast
buffet

- No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate



sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola



Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos norteros (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)



3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and



cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese



Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast



dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage

No. 4 Carne asada / beef filet steak (150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate



Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears



Huevos norteros (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables



- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)



orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles



Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce



No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast



Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |

Sandwiches



Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt



Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1

Desayuno continental / continental



breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese



Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs



Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style



- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee



Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon



Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)



filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales



Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms



Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast



puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit



Papaya, sandia, melón, piña
Papaya, watermelon, melón, pineapple
Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals
Con jamón (70 grs) o tocino (20 grs) - with ham or bacon
Yogurt natural (150 ml) - natural yogurt
Yogurt de sabor (150 ml) - different flavours of yogurt
Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola
Corn flakes o choco krispis (30 grs)

Huevos Eggs
Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites
Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style



Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with



chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,



cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea



Desayuno buffet / breakfast
buffet

- No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado



Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)



Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread



- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
Hamburguesa con queso (140 grs) / hamburger with cheese
Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
Bebidas Beverages



Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage



Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)



two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate



Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce



Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables



- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee
- Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso
- Chocolate frío (360 ml) - cold chocolate
- Chocolate caliente (240 ml) - hot chocolate
- Vaso de leche (360 ml) - glass of milk
- Té (240 ml) - tea
- Refresco (355 ml) - soft drinks
- Selección de jugos naturales
- Selection of fresh juices
- Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),



carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)



Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce



No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)



Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate



sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt



Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola
Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast



canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)



(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese



Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style



- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuado de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee
- Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso



Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham



Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres



grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices



Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities



Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)



beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple



Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast



Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |



Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon



Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet



- No. 1 Desayuno continental / continental breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.



Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)



Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.



two eggs fried, scrambled, soft boiled, green sauce or ranch style

- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk



Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage



Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage



- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea



Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms



Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles



- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) -
coffee
- Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso
- Chocolate frío (360 ml) - cold chocolate
- Chocolate caliente (240 ml) - hot chocolate
- Vaso de leche (360 ml) - glass of
milk
- Té (240 ml) - tea
- Refresco (355 ml) - soft drinks
- Selección de jugos naturales
- Selection of fresh juices
- Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.



Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese



Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó



chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea



Desayuno buffet / breakfast
buffet

- No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate



sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola



Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)



3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and



cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese



Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast



dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage

No. 4 Carne asada / beef filet steak (150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate



Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears



Huevos norteros (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables



- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)



orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles



Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce



No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast



Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |

Sandwiches



Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt



Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1

Desayuno continental / continental



breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese



Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs



Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style



- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee



Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon



Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)



filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales



Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms



Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast



puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit



Papaya, sandia, melón, piña
Papaya, watermelon, melón, pineapple
Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals
Con jamón (70 grs) o tocino (20 grs) - with ham or bacon
Yogurt natural (150 ml) - natural yogurt
Yogurt de sabor (150 ml) - different flavours of yogurt
Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola
Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style



Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with



chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,



cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea



Desayuno buffet / breakfast
buffet

- No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread
- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado



Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)



Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)

Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast

canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread



- No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style
- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
Hamburguesa con queso (140 grs) / hamburger with cheese
Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
Bebidas Beverages



Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage



Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos norteños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)



two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licudo de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate



Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce



Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso (2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables



- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken
- Sandwiches
- Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate
- sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado
- Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.
- Hamburguesa con queso (140 grs) / hamburger with cheese
- Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)
- Bebidas Beverages
- Licuada de fresa (360 ml) - strawberry milk
- Café americano (240 ml) - coffee
- Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso
- Chocolate frío (360 ml) - cold chocolate
- Chocolate caliente (240 ml) - hot chocolate
- Vaso de leche (360 ml) - glass of milk
- Té (240 ml) - tea
- Refresco (355 ml) - soft drinks
- Selección de jugos naturales
- Selection of fresh juices
- Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),



carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)



Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres grilled beef steak served with potatoes and vegetables
No. 5	Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
No. 6	Desayuno mexicano / mexican breakfast puntas de filete a la mexicana, chipotle o albañil (150 grs) beef tenderloin mexican style, chipotle or green sauce



No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and
cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice),
carrot.

Fruta de temporada Fresh
fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad



Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales
Pancakes, waffles, yogurt,
cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30
grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham

Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears

Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce

Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)

cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles

Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)

Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken

Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese

Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese

Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)



Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

- | | |
|-------|---|
| | Desayuno buffet / breakfast
buffet |
| No. 1 | Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread |
| No. 2 | Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style |
| No. 3 | Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30
grs)
two eggs with ham, bacon or frankfurt
sausage |
| No. 4 | Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables |
| No. 5 | Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles |
| No. 6 | Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150
grs)
beef tenderloin mexican style, chipotle or green sauce |
| No. 7 | Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken |

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate



sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs) tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs) (chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml) orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt



Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola
Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese
Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast



canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style

No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt
sausage

No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or
waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with
chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and
avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)



(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) - coffee

Capuchino (240 ml) o expresso (90 ml) - cappuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandía, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (diet juice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandía, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pizzas), waffles (1 pizza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pizzas) de pollo con queso fresco / omelet with chicken and fresh cheese



Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese
Huevos al gusto(2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)
eggs cooked to your choice with ham, bacon, sausage or pork sausage
Huevos rancheros (2 pzas) / fried eggs with red sauce
Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage
Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans
Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon
Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham
Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialites

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fied tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

Desayuno buffet / breakfast
buffet

No. 1 Desayuno continental / continental
breakfast
canasta de pan dulce o pan tostado (3 pzas)
3 pieces of sweet bread or toasted bread

No. 2 Desayuno americano / american breakfast
dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil.
two eggs fried, scrambled, soft boiled, green sauce or ranch style



- No. 3 Desayuno combinado /combined breakfast
dos huevos con jamón, tocino, chorizo o salchicha (30 grs)
two eggs with ham, bacon or frankfurt sausage
- No. 4 Carne asada / beef filet steak
(150 grs)
filete a la parrilla con papas y legumbres
grilled beef steak served with potatoes and vegetables
- No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles
- No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce
- No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuado de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso



Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks

Selección de jugos naturales

Selection of fresh juices

Naranja, toronja, tomate, piña, papaya, melón, sandia, verde, zanahoria. (360 ml)
orange, grapefruit, tomato, pineapple, papaya, melon, watermelon, green (dietjuice), carrot.

Fruta de temporada Fresh fruit

Papaya, sandia, melón, piña

Papaya, watermelon, melón, pineapple

Ensalada de frutas (360 grs) - fruit salad

Hot cakes (2 pzas), waffles (1 pza), yogurt, cereales

Pancakes, waffles, yogurt, cereals

Con jamón (70 grs) o tocino (20 grs) - with ham or bacon

Yogurt natural (150 ml) - natural yogurt

Yogurt de sabor (150 ml) - different flavours of yogurt

Yogurt (150 ml) con fruta o granola (20 grs) - yogurt with fruit or granola

Corn flakes o choco krispis (30 grs)

Huevos Eggs

Omelet (2 pzas) de pollo con queso fresco / omelet with chicken and fresh cheese

Omelet (2 pzas) de salmon con queso crema / omelet with smoked salmon and fresh cheese

Huevos al gusto (2 pzas) (jamón, tocino, salchicha o chorizo 30 grs)

eggs cooked to your choice with ham, bacon, sausage or pork sausage

Huevos rancheros (2 pzas) / fried eggs with red sauce

Huevos toluqueños (2 pzas) revueltos con chorizo / scrambled eggs with pork sausage

Huevos tirados (2 pzas) revueltos con frijoles refritos / scrambled eggs with refried beans

Huevos rotos (2 pzas) revueltos con papa y tocino / scrambled eggs with potato and bacon

Huevos a la mexicana (2 pzas) con jamon de pavo / Mexican eggs with turkey ham



Huevos verdes (2 pzas) con espinacas y nopales / scrambled eggs with spinach and prickly pears
Huevos nortños (2 pzas) con machaca (20 grs) / dried beef with eggs with red sauce
Omelet (2 pzas) con jamón (20 grs), queso (10 grs) y champiñones (50 grs)
cheese omelet (2 pzas) with ham and mushrooms

Especialidades mexicanas Mexican specialities

Carne asada (150 grs) con chilaquiles / tenderloin beef with chilaquiles
Enchiladas verdes, rojas y suizas (3 pzas) / green, red and swiss enchiladas (3 pzas)
Chilaquiles rojos o verdes con pollo (100 grs) / fried tortilla chips served with pulsed chicken
Molletes (2 pzas) con queso gratinado / toasted baguette with refried beans and melted cheese
Burritos con jamon y queso(2 pzas) / flour tortillas rolled with ham and cheese
Puntas de F. a la mexicana (150 grs) / tips steak mexican style

Desayunos combinados Variety Breakfast

Incluye jugo (360 ml) o fruta de temporada (240 grs), pan tostado (2 pzas), café o té (240 ml)
Included juice or seasonal fruit, (2 pzas) of toast, coffee or tea

	Desayuno buffet / breakfast buffet
No. 1	Desayuno continental / continental breakfast canasta de pan dulce o pan tostado (3 pzas) 3 pieces of sweet bread or toasted bread
No. 2	Desayuno americano / american breakfast dos huevos al gusto, fritos, revueltos, tibios, rancheros o albañil. two eggs fried, scrambled, soft boiled, green sauce or ranch style
No. 3	Desayuno combinado /combined breakfast dos huevos con jamón, tocino, chorizo o salchicha (30 grs) two eggs with ham, bacon or frankfurt sausage
No. 4	Carne asada / beef filet steak (150 grs) filete a la parrilla con papas y legumbres



grilled beef steak served with potatoes and vegetables

No. 5 Hot cakes (2 pzas) o waffles (1 pza) / pancakes or waffles

No. 6 Desayuno mexicano / mexican breakfast
puntas de filete a la mexicana, chipotle o albañil (150 grs)
beef tenderloin mexican style, chipotle or green sauce

No. 7 Desayuno tradicional / traditional breakfast
machaca (20 grs) con huevo (2 pzas) revuelto y tortillas (4 pzas) ó
chilaquiles con pollo (10 grs)
dried beef with scramble eggs and tortillas or chilaquiles with chicken

Sandwiches

Sandwich tostado vegetariano lechuga, pepino, zanahoria, champiñon, queso crema y aguacate

sandwich with whole wheat bread, lettuce, cucumber, carrot, mushroom, chesse cream and avocado

Sándwich de jamón (60 grs), queso (70 grs), pollo (100 grs) o atún (100 grs)
tuna, chicken, cheese or ham sandwich.

Hamburguesa con queso (140 grs) / hamburger with cheese

Club sandwich (pollo 20 grs, jamón 30 grs, tocino 25 grs, queso 30 grs)
(chicken, ham, bacon and cheese)

Bebidas Beverages

Licuada de fresa (360 ml) - strawberry milk

Café americano (240 ml) -
coffee

Capuchino (240 ml) o expresso (90 ml) - capuccino or expresso

Chocolate frío (360 ml) - cold chocolate

Chocolate caliente (240 ml) - hot chocolate

Vaso de leche (360 ml) - glass of
milk

Té (240 ml) - tea

Refresco (355 ml) - soft drinks